

CAPUCHINO HIGH SCHOOL

IB WORLD SCHOOL

Class of 2028 Programming Booklet



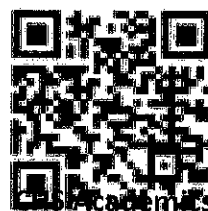
HOME OF THE MUSTANGS

Important Dates

Counselor One-on-One Meetings

Instructions:

A programming sheet can be found on the last page of this booklet. Please complete the sheet with your parent/guardian and bring it to your scheduled programming day.



Programming Days

Taylor Middle School: Tuesday, March 19, 2024 - 8:30-10am at Taylor

Parkside Intermediate School: Thursday, March 21, 2024 all day at Parkside

Private and Out-of-District Schools: Wednesday, March 27, 2024 in the Capuchino HS Library. Session #1, 9-11am or Session #2, 1-3pm. **Students from Private or Out of District Schools must bring a transcript or most current report card.** The Google Form for Sign ups will be available starting on Monday, March 4, 2024 at 10am.

<https://forms.gle/Eeqtek1qPuYfuhxY8> or www.smuhsd.org/capuchinohigh

July 2024 - Summer Census

All families must complete the summer census process known as **Data Confirmation Online Registration** before the school year begins in August. A letter regarding this online registration with a **new access code** will be mailed by the District Office in July to your address on file. Students will not be able to receive their schedule or start school in August unless the summer Data Confirmation online registration is completed.

2024-25 School Year Calendar <https://www.smuhsd.org/page/2244>

Freshman Parent and Student Orientation in the Main Theater - August 6, 2024 at 6pm

Freshman School Registration - August 8, 2024 9-11am. Students will pick up their schedules and have their ID pictures taken. PE uniforms will be available in student's PE classes.

Make-up Registration Day - August 9, 9-11am

(If your student is not able to attend any of the registration dates, schedules will be available outside the Library at 8am on the first day of school)

First day of school - Wed, August 14, 2024 at 8:30am

For any questions, please call Vicki Mahoney at 650-558-2704 or email at vmahoney@smuhsd.org

"Bring Your Best, Expect Success"

Mission Statement

The purpose of Capuchino High School is to provide for the academic and personal development of all students and to prepare them to become lifelong learners, equipped to contribute and succeed within the complexities of the 21st century.

School Goal

All students will graduate demonstrating the knowledge and the skills necessary to be prepared for college and career.

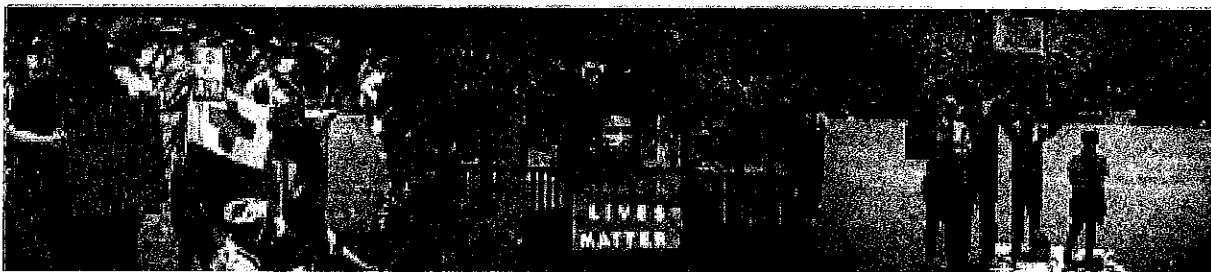
CHS Beliefs

At Capuchino, we believe...

- we must at the same time cultivate individual agency, ownership, identity, and foster a collective culture of WE.
- in identifying, disrupting, and eliminating institutional biases and barriers that prevent equitable outcomes.
- it is our obligation to provide a safe physical and emotional environment.
- that the process of learning is personal and unique to each individual.
- in using the IB Approaches to Teaching and Learning to create meaningful learning experiences for all.
- by developing the IB Learner Profile attributes in all community members, we will foster the growth of the whole person.

Commitment to Racial Justice

About Us / Commitment to Racial Justice



Learn more about our commitment to racial justice: <https://www.smuhsd.org/Page/13452>

School Connectedness

"School connectedness refers to an academic environment in which students believe that adults in the school care about their learning and about them as individuals."

Capuchino faculty and staff know the importance of students feeling connected to school. School Connectedness includes participating in classes and extracurricular activities such as sports and clubs. More importantly, it involves building strong relationships with peers and adults on campus. Students are happier and more successful when they have at least one adult on campus whom they trust and feel have their best interest at heart. At Capuchino, we strive to build a strong, caring, and inclusive community together.

Student Services

Supports for Students in Special Education

Students with IEPs will receive services for Special Education in the General Education classes. A Freshmen Special Education case manager and instructional aide is dedicated to supporting freshmen students by collaborating, co-teaching and accommodating instruction with General Education teachers. By serving in the general education classes, students with IEPs are then supported by both General Education teachers and the Special Education Team.

Students will also have time during a Directed Studies class to get further assistance with their classes and to develop life skills for success.

For more information please contact: Jewel Walli jwalli@smuhsd.org or Elizabeth Blackwell ablackwell@smuhsd.org

Establishing a 504 Plan for Incoming Students

If your student currently has a 504 plan, you will need to contact your school counselor and provide a recent 504 plan from the feeder school. Once the school year starts, the counselor will evaluate the 504 Plan and establish a current plan for the new school year. The counselor will gather parent/guardian and teacher feedback plus other data to determine the 504 Plan for a high school setting. Then, the new plan will be shared with the family and all people providing the accommodation. The 504 Plan ensures that a student will have access and prohibits discrimination due to a disability.

For more information, please contact your student's counselor
Last names A-Cn (& ELD) Leticia Barajas* lbarajas@smuhsd.org
Last names Co-J + SpEd Faith Cabie-Ramil fcabieramil@smuhsd.org
Last names K-Q + SpEd Wendy Rivera* wrivera@smuhsd.org
Last names R-Z Shannon Millard smillard@smuhsd.org

*Spanish speaking

SCHOOL SUPPORT
CENTRAL

Multilingual Learner and English Learner Programs

In the San Mateo Union High School District we value our Multilingual Learners (MLs), also known as English Learners (ELs). They are an integral part of our community and we appreciate the rich diversity and cultures they contribute to our schools and society. We are committed to providing MLs with a rich academic and social experience while affirming the assets they contribute to our campuses.

Because we have Multilingual Learners who are recent arrivals to the United States and who have been raised here, we offer differentiated programs in an attempt to meet all of their needs.

We are committed to continuous improvement in our work with Multilingual Learners and our proud of the amazing teaching and support staff who work alongside them.

Our Multilingual Learners are an inspiration and source of joy and SMUHSD is dedicated to creating opportunities and access so they graduate from our schools college and/or career ready.

For more information, please contact:

Salvador Castillo, EL Specialist, 650-558-2707 scastillo@smuhsd.org

Leticia Barajas, ELD Counselor, 650-558-2712 lbarajas@smuhsd.org

IB LEARNER PROFILE

The aim of the IB program is to develop internationally-minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

IB learners strive to be:

Reflective

Give thoughtful consideration to your own learning and experience.

You are able to assess and understand your strengths and limitations in order to support your learning and personal development.

Balanced

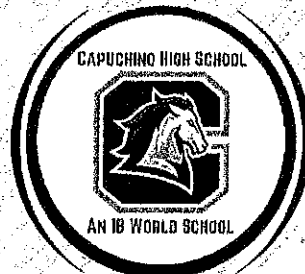
Understand the importance of intellectual, physical and emotional balance to achieve personal well-being for yourself and others.

Knowledgeable

Explore concepts, ideas and issues that have local and global significance. In so doing, you acquire in-depth knowledge and develop understanding across a broad and balanced range of disciplines.

Open-minded

Understand and appreciate your own culture and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. You seek and evaluate a range of points of view, and you are willing to grow from the experience.



Inquirers

Have a natural curiosity and learn to acquire the skills necessary to conduct inquiry and research and show independence in learning. You actively enjoy learning and this love of learning will be sustained throughout their lives.

Risk-takers

Approach unfamiliar situations and uncertainty with courage and forethought, and have the independence of spirit to explore new roles, ideas and strategies. You are brave and articulate in defending your beliefs.



Thinkers

Exercise initiative in applying thinking skills critically and creatively to recognize and approach complex problems, and make reasoned, ethical decisions.

Caring

Show empathy, compassion and respect towards the needs and feelings of others. You have a personal commitment to service, and act to make a positive difference to the lives of others and to the environment.

Principled

Act with integrity and honesty, with a strong sense of fairness, justice and respect for the dignity of the individual, groups and communities. You take responsibility for your own actions and the consequences that accompany them.

Communicators

Understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication. You are willing to work in collaboration with others.

PERFIL DE LA COMUNIDAD DE APRENDIZAJE DEL IB

El objetivo del programa IB es desarrollar personas con mentalidad internacional que, reconociendo su humanidad común y la protección compartida del planeta, ayuden a crear un mundo mejor y más pacífico.

Los alumnos del IB se esfuerzan por ser:

Reflexivos

Evalúamos detenidamente el mundo y nuestras propias ideas y experiencias. Nos esforzamos por comprender nuestras fortalezas y debilidades para, de este modo, contribuir a nuestro aprendizaje y desarrollo personal.

Equilibrados

Comprender la importancia del equilibrio intelectual, físico y emocional para lograr el bienestar personal propio y de los demás.

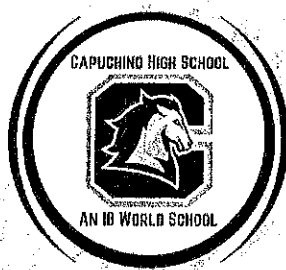
Informados e

Instruidos

Explore conceptos, ideas y problemas que tienen importancia local y global. Al hacerlo, adquiere un conocimiento profundo y desarrolla la comprensión en una amplia y equilibrada gama de disciplinas.

De Mentalidad Abierta

Comprender y apreciar su propia cultura e historias personales, y estar abierto a las perspectivas, valores y tradiciones de otras personas y comunidades. Busca y evalúa una variedad de puntos de vista y está dispuesto a crecer a partir de la experiencia.



Indagadores

Tener una curiosidad natural y aprender a adquirir las habilidades necesarias para realizar indagaciones e investigaciones y mostrar independencia en el aprendizaje. Disfruta activamente aprendiendo y este amor por el aprendizaje se mantendrá a lo largo de sus vidas.

Audaces

Abordar situaciones desconocidas e incertidumbre con coraje y previsión, y tener la independencia de espíritu para explorar nuevos roles, ideas y estrategias. Eres valiente y elocuente al defender tus creencias.



Pensadores

Ejercer la iniciativa en la aplicación de habilidades de pensamiento de manera crítica y creativa para reconocer y abordar problemas complejos y tomar decisiones éticas y razonadas.

Íntegros

Actuar con integridad y honestidad, con un fuerte sentido de equidad, justicia y respeto por la dignidad del individuo, grupos y comunidades. Usted asume la responsabilidad de sus propias acciones y las consecuencias que las acompañan.

Solidarios

Mostrar empatía, compasión y respeto hacia las necesidades y sentimientos de los demás. Tiene un compromiso personal con el servicio y actúa para marcar una diferencia positiva en la vida de los demás y en el medio ambiente.

Buenos

Comunicadores

Comprender y expresar ideas e información con confianza y creatividad en más de un idioma y en una variedad de modos de comunicación. Está dispuesto a trabajar en colaboración con otros.

SAN MATEO UNION HIGH SCHOOL DISTRICT

GRADUATION REQUIREMENTS

In order to receive a high school diploma a student must:

1. Pass required coursework listed in the chart below
2. Earn at least 220 credits (1 semester is 5 credits; 1 year equals 10 credits)

Approved Course List

A-G Courses University of California/California State University Requirements	Subject	Amount of Credits Required
A	History/Social Science	2 years - UC Requirement and 35 credits - SMUHSD requirement <ul style="list-style-type: none"> • Modern World History or European History AP (10 credits) • Contemporary World Studies (5 credits) • United States History (10 credits) • American Government (5 credits) • Economics (5 credits)
B	English	4 years required; 40 credits
C	Mathematics	3 years required (Algebra, Geometry and Intermediate Algebra), 4 years recommended; 30 credits
D	Laboratory Science	2 years required (Biology and Chemistry), 3 years recommended; 20 credits
E	Language Other Than English	2 years required, 3 years recommended; 20 credits; (English Language Development students may have the World Language requirement waived)
F	Visual and Performing Arts (VAPA)	1 year required; 10 credits
G	College-Preparatory Electives	40 Elective Credits required
N/A	Health	5 credits
N/A	Physical Education	2 year required; 20 credits
N/A	Career Technical Education	1 year required, 10 credits Most Career Technical Education courses count for either the F or G requirement.

VISUAL & PERFORMING ARTS

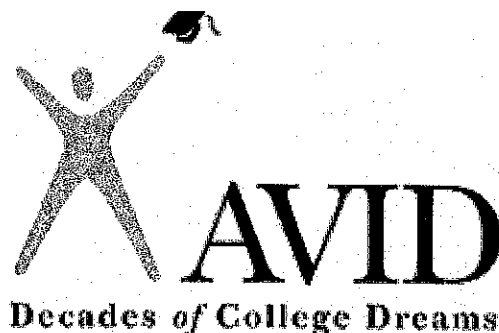
Chamber Strings	Symphonic Band	String Orchestra
Chamber Orchestra	Concert Band	Art
Art and Multimedia	Drama	Dance
Video Production	IB Film	Digital Photo
IB Visual Arts	Ceramics	Foods & Culinary Art

CHS AVID

WHAT IS AVID?

The mission of AVID is to ensure that ALL students, and most especially the least served students who are in the middle:

- will succeed in rigorous curriculum
- will complete a rigorous college preparatory path
- will enter mainstream activities of the school
- will increase their enrollment in four year colleges, and
- will become educated and responsible participants and leaders in a democratic society.



AVID's systemic approach is designed to support students & educators as they increase schoolwide/districtwide learning and performance.

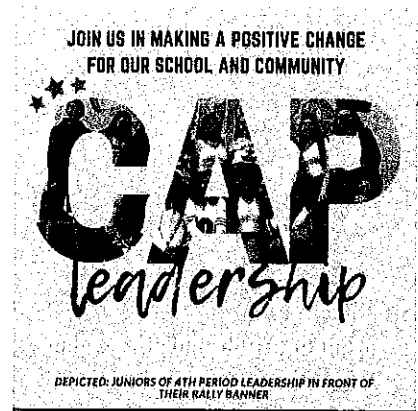
The Purpose of AVID

The purpose of the AVID program is to restructure the teaching methods of an entire school and to open access to the curricula that will ensure four-year college eligibility to almost all students. (source: AVID)



STUDENT LEADERSHIP

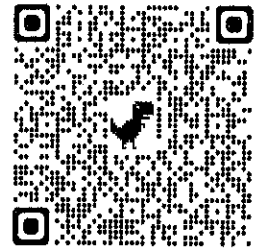
Leadership is an opportunity for students to reach out to the student body and show their school spirit. The class is divided into different commissions and councils which are responsible for organizing events such as dances, rallies, lunchtime games, student recognition programs, and activities to help unite our students. Leadership also requires being a role model in all aspects of school life. Capuchino HS students are encouraged to start clubs and groups. For details, please contact Mr. Bywater at dbywater@smuhsd.org.



<https://docs.google.com/presentation/d/1SVTp70jeeCJokwIHAEW6r9l1tGcSQzRLLoo-Zr6ssrY/edit?usp=sharing>

LEADERSHIP APPLICATION PROCESS

- Step 1: Go to the Capuchino High School Website <https://forms.gle/CaQuVsP7HqY6fvMp9>
- Step 2: Click Students Tab
- Step 3: Click Student Leadership and Government
- Step 4: Follow the instructions for the application process
- Step 5: Complete your survey/application form.
- Step 6: Pay attention to your email you submitted, we will cor the next steps.



CLUBS AT CAPUCHINO

Our students are encouraged to start or join a club

Some Active Clubs in 2023-2024

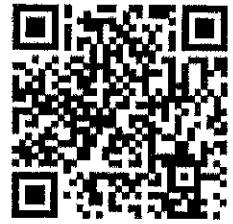
SAGA Club	Latinos Unidos	Interact Club
Sewing Club	SAGEx Club	Robotics Club
Spanish Club / Club de Español		Tennis Club
Math Club	Photography Club	Drama Club
Cap Kababayan	French Club	Polynesian Club
Marine Bio Club	Women's Advocacy Club	Leo's Club
Black Student Union	Crochet Club	and Many More!

ATHLETICS

FALL SEASON

VARSITY VOLLEYBALL (G)
VARSITY FOOTBALL
CROSS COUNTRY(B/G)
GOLF (G)

J.V. VOLLEYBALL (G)
J.V. FOOTBALL
TENNIS (G)
WATER POLO (B/G)



WINTER SEASON

VARSITY BASKETBALL (B/G)
VARSITY SOCCER (B/G)
WRESTLING (B/G)

J.V. BASKETBALL (B/G)
J.V. SOCCER (B/G)



SPRING SEASON

GOLF (B)
SWIMMING (B/G)
VARSITY BASEBALL
VARSITY SOFTBALL
TRACK & FIELD (B/G)



TENNIS (B)
BADMINTON
J.V. BASEBALL
J.V. SOFTBALL



YEAR ROUND

SPIRIT SQUAD

JAM SQUAD

Find more information on the athletics page

<https://capuchinoathletics.com/>

Participation Requirements for School Sports

All students must complete an annual physical examination form signed by a doctor and complete SportsNet online clearance form.

<http://sportsnethost.com/capuchino>

9TH GRADE COURSE**OFFERINGS****2024-2025 Student Worksheet**_____
Last Name_____
First Name**ENGLISH**

- ☐ English CP 1
- ☐ ML English 1 Integrated & ML English 1 Designated
- ☐ ML English 2 Integrated & ML English 2 Designated
- ☐ ML English 3 Integrated & ML English 3 Designated
- ☐ ML English 4 Integrated & ML English 4 Designated

SOCIAL SCIENCE

- ☐ Intro to Ethnic Studies /Health
- ☐ EL Mod Wld History

MATH

- ☐ Math 1 (Algebra 1)
- ☐ EL Math 1
- ☐ Math 2 (School Recommendation and/or Testing) (Geometry)
- ☐ Math 3 (School Recommendation and/or Testing) (Algebra 2)

SCIENCE

- ☐ Physics in the Universe
- ☐ EL Physics
- ☐ EL Biology
- ☐ EL Intro to Science

PHYSICAL EDUCATION

- ☐ P.E. 1

Playing a Sport? Fall _____ Winter _____ Spring _____

CORE SUPPORT (By School Recommendation and/or Testing)

- ☐ EL Math 1 Support

World Language	Other-Teacher Permission Required
____ French 1	____ AVID 1
____ Spanish 1	____ Leadership (via Google Form)
____ Spanish 2 (2 nd Yr) (by testing)	____ Directed Studies
____ Spanish Native Speakers 2 (by testing)	____ Community-Literacy Action

ELECTIVE CLASSES

Please choose 3 classes that you would be interested in taking should your schedule permit. Indicate your 1st, 2nd or 3rd choice preference depending on availability and space in your schedule.

Electives Option: 1 Choices Maximum from this List

- ☐ Art VAPA
- ☐ Ceramics VAPA
- ☐ Digital Photography CTE OR VAPA

Electives Options Any 1, 2 or 3 – indicate order of preference

- ☐ Publications (Yearbook) CTE
- ☐ Computer Sci Principles (Alg 1 prerequisite) CTE
- ☐ Dance VAPA
- ☐ Drama VAPA
- ☐ Concert Band VAPA
- ☐ String Orchestra VAPA
- ☐ Chamber Singers (Chorus) VAPA

**** I approve of the course selections and understand that they are binding for the freshman school year. It is also understood that when necessary, a course of similar content or area of study may be substituted for the first selection if no alternates are listed or available.**

Student Signature and Date

Parent/Guardian Signature and Date